



THE SIGNAL



RSL-SA/NT & Broken Hill



Autumn edition No.92 - March 2019



RSL CARE SA

DID YOU KNOW THAT RSL CARE SA RESERVES 40% OF PERMANENT NURSING HOME ACCOMMODATION FOR RESIDENTS WITH LOW ASSETS AND INCOME?



Residential Aged Care (Nursing Home) fees vary depending on an individual's assets and income. To ensure those with low assets and income are not disadvantaged from being offered permanent placement, accredited Nursing homes must reserve a percentage of their beds for 'low means' residents.

At RSL Care SA we reserve places for people with low means and give special preference to veterans and their families.

If you would like further information regarding aged care, please contact our friendly admissions team, who can answer questions you may have about either permanent or short term respite care, assist with organising an ACAT assessment or answer questions about DVA entitlements in aged care.

For further information:

WAR VETERANS' HOME

55 Ferguson Avenue, Myrtle Bank, SA 5064
Tel: 08 8379 2600

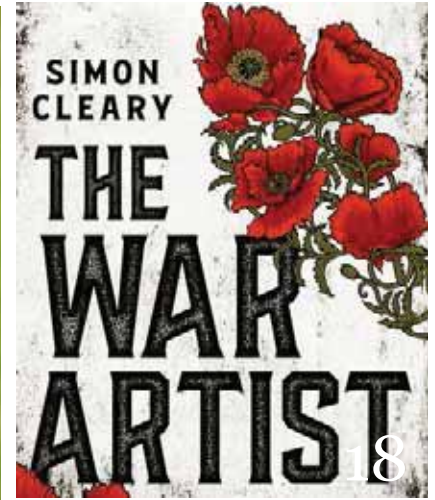
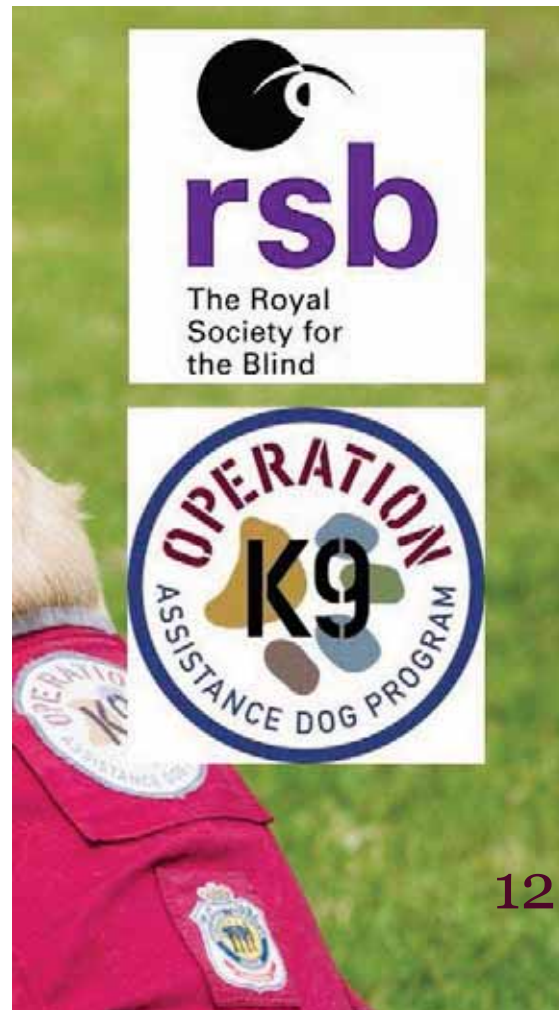
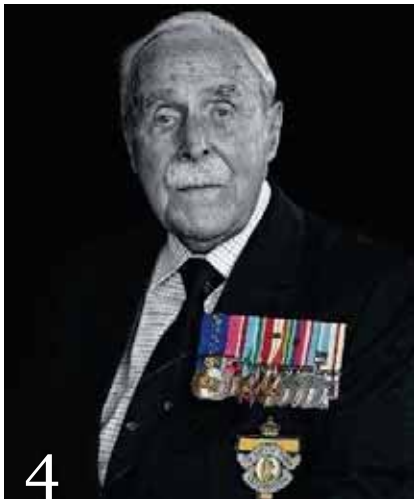
RSL VILLAS

18 Trafford Street, Angle Park, SA 5010
Tel: 08 8379 2600

www.rslcaresa.com.au

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contents



Book Reviews

Page 18

Epic Flight Centenary

Page 11

Rat of Tobruk Descendant

Page 4

For the Fallen

Page 9

Anzac Spirit School Prize

Page 9

Editorial

Page 19



The historic Tobruk House in Albert Park, Melbourne. Monthly meetings of the association have been held here for more than 60 years.



Association President, Bob Semple OAM

ARE YOU A PROUD RAT OF TOBRUK DESCENDANT ?

From the President Bob Semple OAM

During World War 2, more than 14,000 Australians fought at Tobruk (Libya), during the historic 242 day siege. These men became famously known as the Rats of Tobruk.

After returning to Australia, the Tobruk siege servicemen looking for comradeship, established the Rats of Tobruk Association. Around 1944, active branches and sub-branches were started in every state. In more recent times, these branches and sub-branches have been wound up owing to the declining numbers of surviving veteran members. The only exception has been the Victorian Branch, which has now operated for over 70 years. In 2012, veteran members of the Victorian Branch, decided to open membership to descendants and relatives. Since then,

many new members have joined. We now have over 500 members from across Australia including a number of original veterans who remain active. Our President Bob Semple is a mighty Rat of Tobruk. Descendants and relatives of Rats of Tobruk are encouraged to consider joining the association. More information about our association and the Siege of Tobruk can be found on our Website www.ratsoftobrukassociation.org.au Anyone interested in joining can send an email to ratsoftobruk41@gmail.com for further information.

"This association is an incredible legacy of and fantastic tribute to the mighty Rats of Tobruk. With the support of descendants this historic association will continue for many more years"



RSL SA/NT PRESENTS THE

RSL CARE SA

ANZAC

Ball

\$140.00 for RSL member single ticket or \$980.00 for a table of 8
\$165.00 for non RSL member single ticket or \$1155.00 for a table of 8

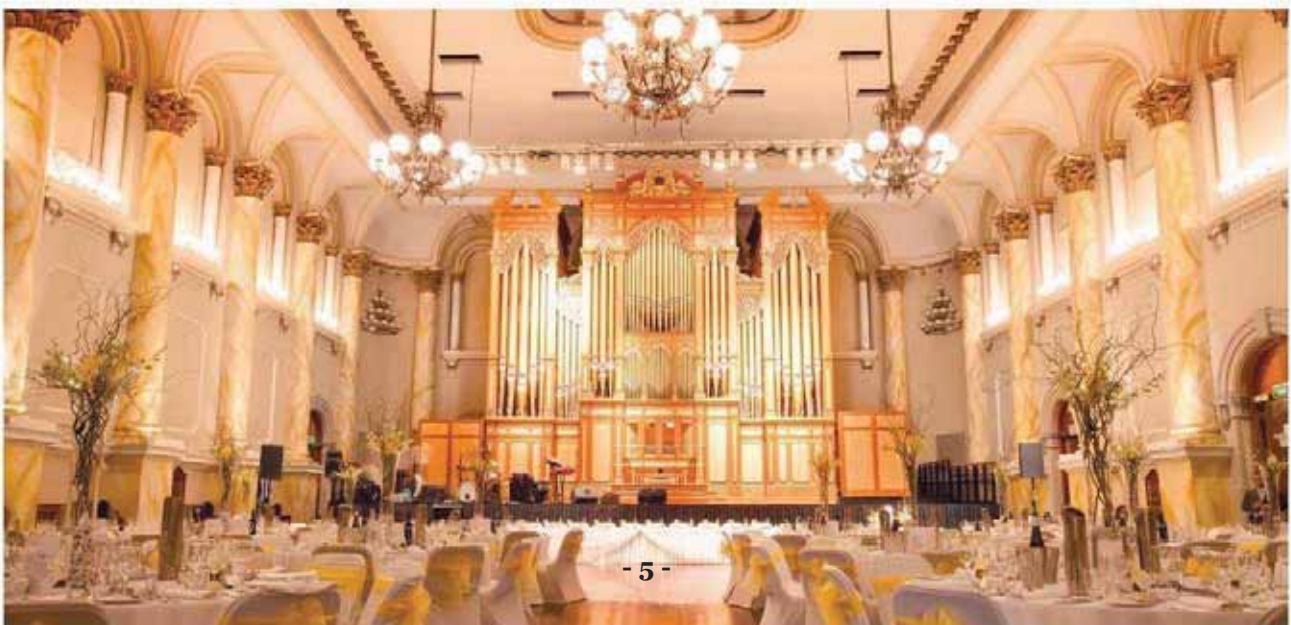
BOOK TICKETS NOW



6.30 pm - 12.00 am
FRIDAY APRIL 26TH 2019

Adelaide Town Hall Auditorium

www.eventbrite.com.au





2019 Premier's Anzac Spirit School Prize

The competition provides the opportunity for young South Australians to examine and empathise with the remarkable sacrifices of South Australian service men and women during the 20th century.

Following a selection process, students will be invited to participate in the State Government's fully funded study tour to Vietnam during the October school holidays in 2019.

The costs of travel, accommodation and meals are covered during the fourteen day escorted tour of Vietnam.

The students will be accompanied on the tour by a representative of the SA Branch of the Returned & Services League (RSL) of Australia, a representative of the Department for Education and appointed teachers.

Selection of the students to participate in the tour involves the submission of an entry as outlined below and an interview for those students shortlisted.

Prior to the study tour the student awardees and their parent/s or carers will be required to attend an orientation briefing in Adelaide during July and undertake preparation activities related to the Vietnam War.

Teachers also will be selected to accompany the students on the study tour.

Teachers are eligible to apply if they have worked directly with students entering the 2019 Premier's Anzac Spirit School Prize.

**Contact veteranssa@sa.gov.au
(08) 8226 8552**

**Level 14 30 Wakefield Street
Adelaide South Australia 5000
GPO Box 1045 Adelaide SA 5001**

More information:

<https://veteranssa.sa.gov.au/community/2019-premiers-anzac-spirit-school-prize/>

"BEFORE IT'S LOST" - BIOGRAPHIES:

Have you ever thought about leaving your loved ones a legacy of your history?

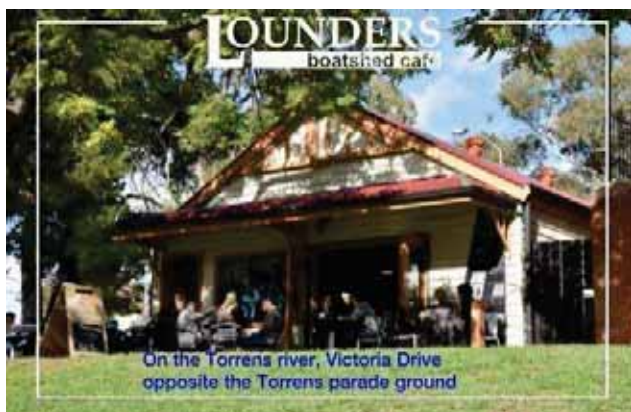
- joys and heartaches, schooling and employment, your service
- friendships, special occasions
- memories of your ancestry – photos and stories from your childhood
- events that shaped your life?

Allow me to immortalise your life, preserve your story and leave present and future generations a personalised biography - a thumbprint of a memorable life!

Everyone has a story and you deserve yours to be told.





"Before It's Lost " can provide you with one or multiple professionally bound, hard cover books. Susan Rickwood has been a Biographer since 2003 and can be contacted on 0418 297 778 or email Susan direct at rickwood@adam.com.au



Lounders Boatshed Café
Victoria Drive, Adelaide SA

Andrew Lolic & Christine Ross
E: lounderscafe@gmail.com
Ph: 8223 2958

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 Lounders Boatshed Cafe



An idyllic place for breakfast, lunch, coffee or glass of wine with family and friends over looking the River Torrens.



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- Sleep physician reviews
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Brighton
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Brighton 5048

Mount Barker
Unit 3/22 Mann Street
Mount Barker 5251

North Adelaide
120 Childers Street
North Adelaide 5006

St Agnes
6/1240 North East Road
St Agnes 5097

For The Fallen

For the Fallen; A Poem by Laurence Binyon

First published in 1914

With proud thanksgiving, a mother for her
children, England mourns for her dead across the
sea. Flesh of her flesh they were, spirit of her
spirit, Fallen in the cause of the free.

Solemn the drums thrill: Death august and royal
Sings sorrow up into immortal spheres. There is a
music in the midst of desolation And a glory that
shines upon our tears.

They went with songs to the battle, they were
young, Straight of limb, true of eye, steady and
aglow. They were staunch to the end against
odds uncounted: They fell with their faces to the
foe.

They shall grow not old, as we that are left grow
old: Age shall not weary them, nor the years
condemn. At the going down of the sun and in the
morning We will remember them.

They mingle not with their laughing comrades
again; They sit no more at familiar tables at home;
They have no lot in our labour of the day-time;
They sleep beyond England's foam.

But where our desires are and our hopes
profound, Felt as a well-spring that is hidden from
sight, To the innermost heart of their own land
they are known As the stars are known to the
Night;

As the stars that shall be bright when we are dust,
Moving in marches upon the heavenly plain; As
the stars are starry in the time of our darkness, To
the end, to the end they remain.

By Laurence Binyon



Centenary of Armistice State Dinner



A State Dinner marking the Centenary of Armistice was held in the Adelaide Town Hall on Saturday 10th of November 2018. Several hundred invited guests attended the dinner, hosted by Premier Steven Marshall and special acknowledgement was made of the World War II veterans in attendance. The evening featured several presentations and the Master of Ceremonies was Jane Doyle. A set table was left unseated in memory of the Fallen. *We Will Remember Them.*

Renmark Hotel

Offering RSL Members 15% discount on food, drinks and accommodation.

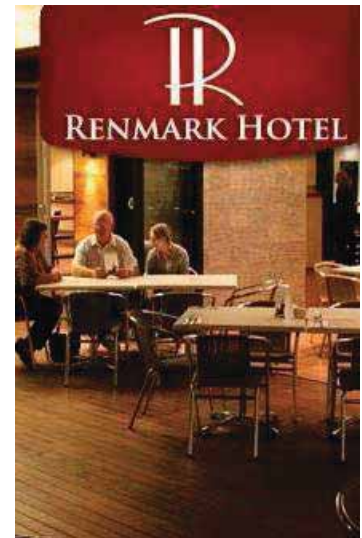
The Renmark Hotel sits majestically on a long sweeping bend of the Murray River. Providing quality accommodation, fabulous dining and great entertainment in a refined, relaxed and modern setting.

Open 7 Days:

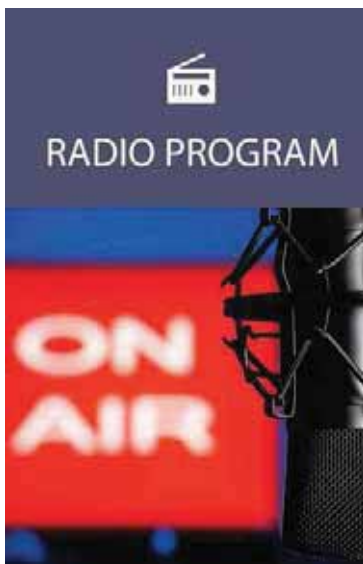
Breakfast, lunch and dinner. Coffee and cake all day.

Murray Avenue Renmark

Telephone 08 8586 6755 www.renmarkhotel.com.au



Veterans' Radio Programs



RSL News

1197AM at 6pm on Thursdays

Vets on Air with the VVF Team

88.7 CoastFM on Tuesday evenings 6-8pm

Information, music, fun, news and commemoration

Haydn Madigan

105.1 TraxFM in the Mid North and Iron Triangle on Mondays 6-8pm

Variety program

With Bert and Margaret Newell 89.7 PBA FM

Friday 9am-1pm

"Service Voices"

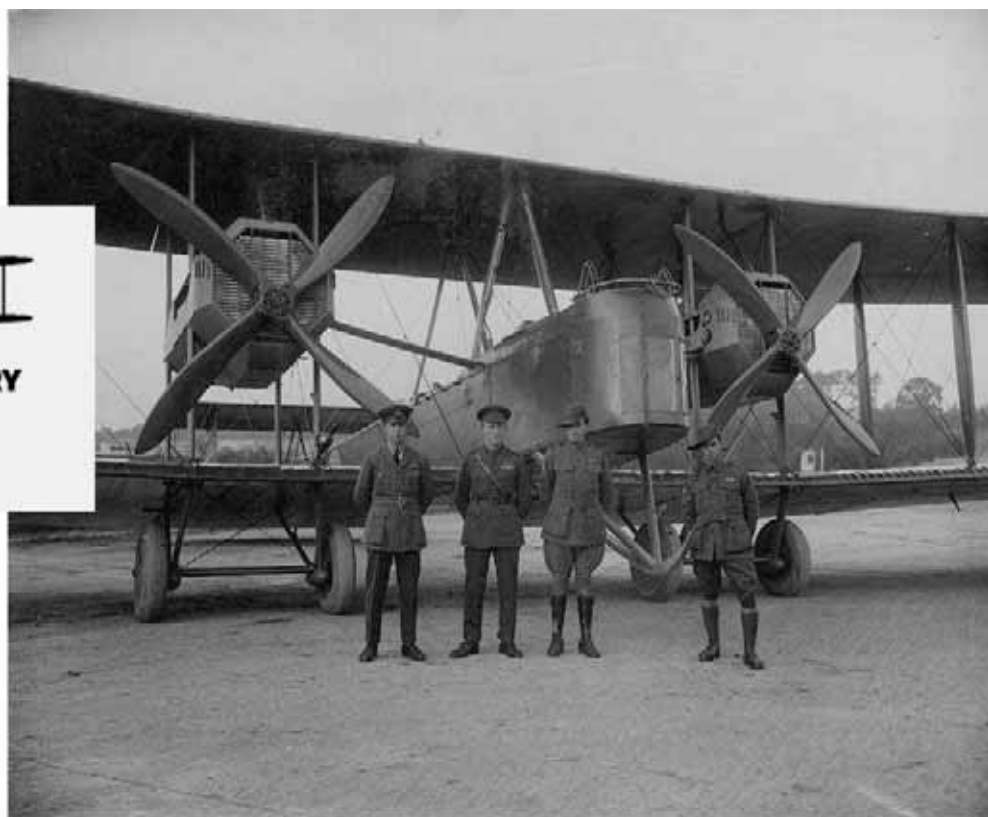
Monday 6-7pm with Helen on 101.5 FM

EPIC FLIGHT CENTENARY

Picture: The Vickers Vimy with Ross and Keith Smith, Jim Bennett and Wally Shiers. State Library of SA PRG 1883

The year was 1919. The war was finally over. Prime Minister Billy Hughes offered £10,000 for the first Australian airmen to fly home from England in 30 days. Six crews took up the challenge in planes that were as rudimentary as they were unreliable. And who won? South Australian brothers Ross and Keith Smith, backed by mechanics Wally Shiers (SA) and Jim Bennett (Vic). The flight was likened in its day to Christopher Columbus discovering the New World. Their magnificent Vickers Vimy bomber can still be seen at Adelaide Airport. Its international and national

significance is unsurpassed. In 2019, we celebrate the men, the plane and the centenary of a journey. We look forward to the aircraft being displayed in a more prominent location at Adelaide Airport, to ensure future generations of South Australians are amazed by this epic feat. In 2019, South Australia will commemorate the Epic Flight Centenary through a program of events coordinated by the History Trust of South Australia, celebrating the extraordinary achievement and inspire South Australians to strive for new horizons. donations: www.epicflightcentenary.com.au





Right: Kane Hall with Gracie

Operation K9 is a program provided by the Royal Society for the Blind (RSB) that provides assistance dogs to Veterans of the ADF who have a diagnosed Post Traumatic Stress Disorder (PTSD). Operation K9 Dogs are accredited assistance dogs that provide companionship, comfort, support, independence and social interaction tailored to a Veteran's needs. They perform tasks such as retrieving medication, seeking help, interrupting episodes of stress and anxiety, and many other physical tasks that may be needed. . An Operation K9 Dog it is an accredited Assistance Dog that has the same access rights as a Guide Dog and are permitted public access. They have been trained to perform tasks that will assist a specific disability and help the person lead a more independent life. To be eligible for

an Operation K9 Dog, the applicant must have served, or currently be in the process of retiring from, the ADF and have a diagnosed PTSD that has been acquired during the course of their operational military service. Operation K9 Dogs are provided to eligible veterans for free. All initial equipment and accessories are provided, and Operation K9 covers all veterinary and routine health costs for the dog. It costs in excess of \$30,000 to breed and train each dog and the Operation K9 program relies on the generosity of donors and volunteers. You can help support Operation K9 in numerous ways. If you live in South Australia, the RSB is always looking for volunteers to become Puppy Educators, Bed and Breakfast Boarders and Emergency Boarders. If you're not in a position to volunteer, you can support a regular giving program or make a one-off donation to help raise an Operation K9 dog. **For more information, call (08) 8417 5656.**

Medal Mounting



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Adelaide SA
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A proud not for profit charitable care provider celebrating over 100 years of providing a range of care and support services to meet the needs of the community.

RETIREMENT LIVING



War Veterans Retirement Village, Myrtle Bank
Hamilton Retirement Village, Glengowrie
Sturt Village, Marion
Waterford Estate, Murray Bridge

RESIDENTIAL AGED CARE



War Veterans Home, Myrtle Bank

RSL Villas, Angle Park

ANDREW RUSSELL VETERAN LIVING (ARVL)



RSL Care SA's Andrew Russell Veteran Living is designed for contemporary veterans who are in need of transit accommodation, who are homeless or at risk of homelessness. Through ARVL, RSL Care SA seeks to provide our veterans with the accommodation support they need to get back on their feet.

If you like the idea of Living in Good Company, please contact us to arrange a suitable time to come and see for yourself. Phone 8379 2600

www.rslcaresa.com.au

Veterans Exercise Programs

DVA Health Cards

(Gold or White) are accepted as payment upon GP referral

Entitled Department of Veterans' Affairs (DVA) clients may be referred for clinically necessary Exercise Physiology treatment by their General Practitioner on a valid D904 referral form.

Gold Card Holders are entitled to clinically necessary treatment covered by DVA's health care arrangements for all health conditions.

White Card Holders are entitled to clinically necessary treatment for an accepted disability ie: an injury or disease accepted by DVA as service related.

Start today and experience the benefits...

- ✓ Increase mobility and balance
- ✓ Reduce and manage age related illness
- ✓ Assist with the management of chronic health conditions, back pain, cardiovascular disease, arthritis, diabetes and more.
- ✓ Exercise Physiology, Occupational Therapy, Dietetic & Physiotherapy services available.
- ✓ Operating out of Gym & Aquatic facilities, also with the option of home visits.

NJF
Exercise Physiologists



SOUTH AUSTRALIA

NJF operates out of numerous locations, across greater Adelaide and rural areas

1300 890 507

or 0449 713 472

E admin@njfwellness.com.au

njfwellness.com.au

Patrol Boats of the Northern Territory



Pictured: HMAS Larrakia

The Royal Australian Navy currently operates the Armidale Class Patrol Boat and an additional two Cape Class Patrol Boats. Australia's Armidale Class Patrol Boat fleet are named after Australian cities and towns with close links with Navy heritage. The Armidale Class were named to coincide with the 60th commemoration of the sinking of the original HMAS Armidale (I). The Armidale Class provide Navy an improved capability to intercept and apprehend vessels in a greater range of sea conditions than the earlier patrol boat classes.

Most importantly, Patrols Boats are a primary enabler of the Australian Defence Force contribution to Operation SOVEREIGN BORDERS, which is a whole of government effort to protect Australia's borders and offshore interests. Our operations in association with Border Force, Australian Fisheries and Australian Federal Police protect against unauthorised entry, breaches of customs, immigration and drugs legislation, other illegal activity and in support of law enforcement, preserve the integrity of our national fish-stocks, our marine environment



Picture: HMAS Broome

and other natural resources. When protecting our borders, Patrol Boat crews are typically employed on a range of constabulary duties involving tracking, intercepting, stopping and boarding other vessels, and sometimes arresting their crews and seizing cargo. Patrol boats are home ported either in HMAS Coonawarra, Darwin, Northern Territory or HMAS Cairns, Cairns, Queensland. Life in Australia's tropical North has many advantages with easy access to Asia for leave, stunning National Parks, including Kakadu and Litchfield, just outside Darwin, a great outdoor lifestyle, camping, fishing, water sports and 4WD opportunities. There are also numerous cultural and artistic events, including festivals. Although in Darwin the cost of living is a little higher than elsewhere in Australia, this is compensated for by District

Allowance. There are also travel allowances for RAN members and their dependants. The region is monsoonal, and is characterised by two seasons - a wet season from late December until the end of April, and a dry season from May to December. Temperatures are warm all the year round, but the dry season is cooler at night and much less humid than the wet. The transition between the dry and the wet, between October and December, is a time of increasing humidity and rainfall, and is referred to as the build-up. The cyclone season runs from 1 November to 30 April each year.

The 2019 Annual Operation K9 Lawn Bowling Challenge

Fundraising For Operation K9

To raise funds for accredited assistance dogs, to assist veterans suffering from PTSD

When: To be held on Sunday 14th April 2019 at Semaphore Bowling Club (5 Wills St, Largs Bay SA) In conjunction with Largs Bay RSL.

Time: 9am for a 9.30am start.

What's on:

Teams of 4 - 2 games of 10 ends, with lunch in between. Cost \$100 per team (includes 2 course lunch)

Spectators can purchase lunch for \$15 (bookings essential)

Prize Money available (spot prizes throughout the games).

Raffles, Silent Auctions and a Wine Wall happening throughout the day. Operation K9 Fundraiser Port available for purchase.

Dress code: Casual or RSL/team club shirts/flat shoes/barefoot to play.

RSVP by Sunday 7th April

To book a team or lunch, contact us by email on: treasurer@largsbayrsl.com.au or call Joanna Grotto on 0422 968 452.

Please notify us of any dietary requirements when booking.



Wallaroo RSL Sub branch



Wallaroo RSL held their annual dinner, at which were invited special guests; Copper Coast Mayor, Roslyn Talbot, Fraser Ellis MP for Narungga, Glen Boyce, President Wallaroo RSL and Peter Lehman, RSL Regional Coordinator at the Wallaroo Annual Dinner.

The War Artist - Simon Cleary

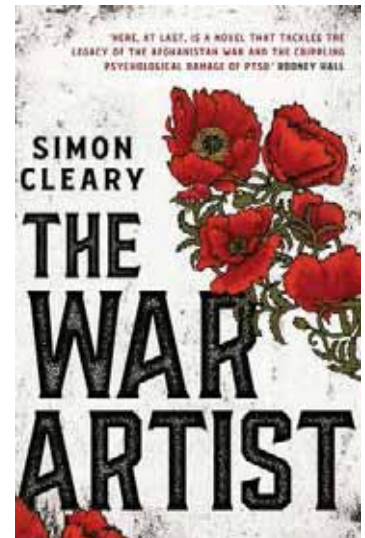
A timely and compelling novel about the legacy of war, the power of art and the possibility of atonement.

With gripping war scenes, finely drawn characters and the alluring motif of tattoos and their healing power, *The War Artist* is an enthralling novel, and the first in Australia to explore the legacy of our involvement in Afghanistan.

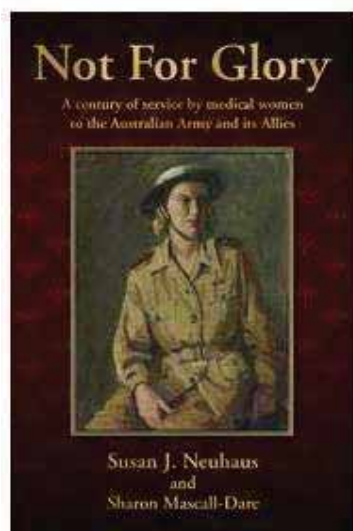
SIMON CLEARY is the author of two novels, including *The Comfort of Figs* (2008),

The War Artist is available at UQP online store for \$29.95

www.uqp.com.au



Not for Glory - Susan Neuhaus



This book tells their stories of adventure, courage, sacrifice and determination as they fought to serve their country ... and won. The author, Susan Neuhaus is a Surgeon with a 20 year military career. She served in Cambodia, Bougainville and Afghanistan. Her co-author, Sharon Mascall-Dare is a Military Public Affairs Officer and an Adjunct Associate Professor of Journalism UOC.

Available from Books on War Australia
RRP \$35

*Front cover: ANZAC
soldier on ANZAC Cove*

ANZAC Day events: All
events, submitted to state
branch can be viewed via the
RSLSA website

www.rslsa.org.au



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like to have published, please
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secretary to forward to the
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"The Signal Top-up" Newsletter is
emailed monthly to RSL Sub-Branches.
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simply press the link below which will open
your email; put "Subscribe" in the subject
field and send.

SUBSCRIBE

Peter Hancock CSC
Volunteer editor



NATIONAL ROYAL AUSTRALIAN SIGNAL CORPS REUNION

17 - 23 JUNE 2020 IN TOWNSVILLE, QUEENSLAND

IMPORTANT INFORMATION

The next RASigs National Reunion is to be held on the 17 - 23 June 2020 in Townsville Queensland. We have setup the RASigs website, www.rasigs.com (click on the red reunion sign top right of the home page) the reunion page has links to the proposed itinerary at the reunion, as well as an attendance list, accommodation and things to do with contact numbers.

Please check the attendance list for your name, if your name is not on it or you need to add or wish to be deleted, please email, info@rasigs.com and advise us.

We ask you to please support this great event, it may be the last one for many of us and our friends.

Further information will be posted to the website and on RASigs Reunion Facebook page as it comes to hand.

Please remember we on the reunion committee are putting a lot of our time into organising this event and we need your support to make it a success. Looking forward to seeing you all up in Townsville.

Bruce & the Reunion Committee

Bruce Long

President

RASigs Association (SA)

president.sa@rasigs.com

www.rasigs.com